Karma and Reincarnation Discussion Guide 2

Part 1: Karmic Truths (2nd half)

Pages 33-61

KEEPING IN TOUCH

- How was your week?
- Does anyone have any reflections about "Karmic Truths" to share?

1. Compelling Evidence

Why have some prominent orthodox Christians and nonbelieving researchers come to accept reincarnation? (pp. 33–38)

- ▲ Flashbacks
- ▲ Spontaneous memories
- ▲ Dreams
- ▲ Visions



Why is it important to be cautious about hypnosis? (p. 35)

- ▲ Can cause spiritual vulnerability
- ▲ Opens one to the practitioner's subconscious and unconscious
- ▲ May prematurely uncover past life events

2. Out of the Mouth of Babes

What makes the 2,500 cases of psychiatrist Dr. Ian Stevenson different from those of other researchers? (pp. 39-40)

- ▲ No hypnosis
- ▲ Children with spontaneous past-life memories

Why don't people usually remember past lives? (p. 46)

- ▲ Forgetfulness is mercy
- ▲ Helps to focus on assignment for this life

Why are some people shown a frame or two from a previous life? (p. 46)



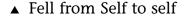
3. The Great Creative Plan

Why must each of us give our unique gift to humanity throughout our incarnations? (p. 47)

What are some aspects of the great creative plan? (pp. 47–48)

- ▲ Evolve spiritually
- ▲ Use free will to co-create with the Divine
- ▲ Fulfill divine plan and mission
- ▲ Return to spirit





- ▲ Forgot reason for sojourn on earth
- ▲ Created karmic debts

What does it take to graduate from earth's schoolroom? (p. 49)

- ▲ Learn lessons
- ▲ Complete assignments
- ▲ Prove self-mastery



4. An Energy Equation

What's the spiritual dynamic between energy and karma? (pp. 50–51)

- ▲ All life is energy
- ▲ We decide to put a positive or negative spin on it

"...it is not the circumstances we find ourselves in that matter but how we react to them." How do the following illustrate this key lesson on the path of karma? (pp. 51–53)

- ▲ Movie *Groundhog Day*
- ▲ Mark Prophet's story about the man who hated his job
- ▲ Stories from your experience?







5. Karmic Consequences

What aspects of our lives might be a manifestation of returning karma? *(pp. 53–56)*

- ▲ Family, relationships, health, career, temperament, challenges
- ▲ Thoughts on this?
- ▲ Cayce examples: no two karmic portraits are the same

6. The Roots of Our Genius



Genius is experience.

Some seem to think that it is a gift or talent, but it is the fruit of long experience in many lives.

—HENRY FORD

SOMETHING TO THINK ABOUT:

Your special aptitude or talent is a reflection of your genius!

Isn't reincarnation the only logical explanation for extraordinarily talented people or childhood geniuses? (pp. 59–61)

- ▲ General George Patton
- ▲ Risë Stevens
- ▲ Mozart

